

HEALTHIE HABITZ MENU:

HEALTHIE'S POST RACE RECOVERY: \$10

SWEET POTATO SKILLET (DICED SWEET POTATOES, BLACK BEANS, BELL PEPPERS, SPINACH, + SWEET ONIONS, TOPPED W/ AN EGG, ADD'L EGG \$1)

ACAI BOWLS: \$7

PROTEIN SMOOTHIES: \$7

RACER SPECIALS: \$5

PROTEIN PANCAKES (2 INCLUDED, TOPPED W/ FRUIT) ADD'L PANCAKE \$1 EACH, ADD'L SYRUP \$1 EACH

LOADED VEGGIE EGG SCRAMBLE (EGGS, SPINACH, MUSHROOMS, BELL PEPPERS, ONIONS) PUT IT ON A PITA \$1

BERRY SALAD (BLUEBERRIES, STRAWBERRIES, PECANS, FETA CHEESE W/ RASPBERRY VINAIGRETTE DRESSING)

FLATBREAD (HUMMUS, SPINACH, BELL PEPPERS, FETA CHEESE)

GRAB 'N' GO ITEMS: \$3

GREEK YOGURT PARFAITS (BERRY/GRANOLA OR CHOC/COCONUT)

VEGGIES OR PITA + HUMMUS

CRACKERS + COTTAGE CHEESE

CUP OF FRUIT

SUNWARRIOR PROTEIN BARS (\$3.50)

DRINKS:

COFFEE: \$1.50

WATER BOTTLES: \$1

SUGAR FREE ICE DRINKS/VITAMIN WATERS: \$2

ADD-IN/ON: \$1

AVOCADO

CHIA SEEDS

HEMP SEEDS

PLAIN GREEK YOGURT

SALSA

SPINACH/GREENS

**SUNWARRIOR: RUSH LIQUID VITAMIN MINERAL, SILVER
IMMUNE SHIELD, OR LIQUID LIGHT/FULVIC ACID**